

Pumpkin Hollow Retreat Center

1184 Route 11, Craryville, NY 12521

www.pumpkinhollow.org

Contact for Ceile De Retreat Information:

Melinda: harp@taconic.net

Pumpkin Hollow Farm has been a Theosophical Retreat Center for 75 years. It is a rural retreat center and community that promotes the experience of the unity of all life, helping to evoke personal transformation.

The programs and facilities offer opportunities for self-discovery, meditation, healing and connecting with nature.

When you arrive please register at the Main House down the hill on the right. General phone number for Pumpkin Hollow is 518-325-3583.

Directions

From the East—from Massachusetts:

Mass Pike to the first exit in NY: Rt. 22/Austerlitz/New Lebanon. Go south on Rt. 22 to the light in Hillsdale (approximately 20 miles), which is the intersection of Rt. 22 and Rt. 23. Turn right onto 23, go approx. 4 miles, through the hamlet of Craryville. Turn left on Route 11; there is a big sign for the Taconic Hills Central School there also. Go past the school, bear to the left, through the stop-sign. After you pass Martindale Road on your right, you will see the sign for Pumpkin Hollow Farm & driveway on the left. (The sign: green with an orange pumpkin.)

From Western Mass/Connecticut—Rt. 23 West to Hillsdale; then above. Alternatives: from southeast Connecticut: Rt. 8 North to Rt. 44 to Rt. 7 North in Canaan, CT., or Rt. 63 to Canaan. Rt. 7 to Rt. 23 in Great Barrington.

From the West—Rt. 23 East over the Hudson River. Stay on Rt. 23 to Rt. 9H (don't take any lefts towards Hudson). Turn left onto Rt. 9H towards Claverack. At the light in Claverack (Rt. 23), turn right. Stay on Rt. 23, over the Taconic Parkway; in approx. 2 miles you see the Elm Tree Motel on your right. Immediately after the motel make a right onto Rte 11 and continue for another 2.5 miles until you see the Pumpkin Hollow sign on your left. (see "from the east")

From the South—you can come up the Taconic Parkway to the Rt. 23/Hillsdale/Claverack exit. Turn right, towards Hillsdale, and follow directions above. Or, you can come up on Rt. 22 to the intersection of Rt. 23 in Hillsdale. Turn left onto Rt. 23 and follow directions above for "from the east."

From the North—Take I90 East (towards Boston) to the Taconic Parkway. Take the Taconic to the Rt.

23/Hillsdale/Claverack exit, turning left off the exit towards Hillsdale. Follow directions above, "from the west."

Via Public Transportation—

Train: Amtrak, from north or south, comes to Hudson, NY, a 20 minute drive from Pumpkin Hollow. Metro North, from NYC only and south, comes up to Wassaic, and you can take a bus directly to Hillsdale in the summer, which is about 35 minutes from Wassaic.

Air: Albany Airport is the closest airport (1 hour from Hillsdale), you can fly into the NYC airports and take either Amtrak or MetroNorth up. We can arrange to do pick-ups at the train stations and Albany Airport only; check with us before making your plans.

Accommodations

Rooms are simple, comfortable & shared. If you are driving, please bring your own bed and bath linens if you can; they are available if you cannot bring your own. Pumpkin Hollow provides pillows and blankets.

Single rooms are only available for a higher cost at special request based on availability,

Special needs: Please let us know your requirements, there are limited accessible rooms & rooms without stairs. There is a golf cart available for those who have difficulty walking.

Meals & Special Dietary Needs

Dinner on Wednesday begins at 6:00 pm in the Dining Hall, behind and attached to the Main House. The bell is rung before meals.

Food at Pumpkin Hollow is lacto-vegetarian, with most of the vegetables provided abundantly by our organic garden. If you have special dietary needs, please indicate your restrictions on your registration form. Be specific!

There is a guest refrigerator for very special food needs. In accordance with the "no harm" philosophy of Pumpkin Hollow, no meat is permitted on the property. Pumpkin Hollow is a smoke, alcohol and drug-free environment.

Arrival & Departure

Registration begins at 3:00 pm - 6pm on Wed. at the Main House down the hill on the right.

Retreat begins after dinner on Wednesday evening.
Retreat ends at 1PM on Sunday.

Sunday check out: Please be checked out of your room by noon on Sunday.

Phone & Computer

Cell-phone coverage is spotty; bring a calling card. Please note: There is no internet access.